

# FUNDRAISING IDEAS

*What should you do?*

The most common question we get asked is “what should I do to raise money?” The answer is simple – whatever you like! Kiss Goodbye to MS asks the community to fundraise however they would like to do so – whether this is a small family get together, a community BBQ, a school fundraiser or a gala dinner – the options are limitless. The most important thing is that you do something you will have fun doing!

## Some of our fundraising ideas are:

### *Wear red*



- Wear a touch of red every day in May
- Red school mufti day
- Office casual day featuring a touch of red

- Get sponsored to wear red lipstick or red nails throughout May
- Wear red socks every day in May
- If you are brave, dye your hair red!

Do you have an idea that isn't on our list? Let us know! We would love to hear from you at [kgtms@msra.org.au](mailto:kgtms@msra.org.au).

## Organise an event

It can be as small as you like!



- A breakfast with the girls
- Host a dinner party for family and friends
- A 'red' morning tea (think red velvet cupcakes and red lollies!)
- A trivia night
- Community or Bunnings BBQs
- Organise a drinks and canapes evening that is themed red
- Organise a movie night at your place
- A Golf day
- Music nights and talent shows

## Do something out of your comfort zone



- Ever thought about skydiving – why not do it for charity
- Register for a community fun run or walk and fundraise for Kiss Goodbye to MS
- Men could wear red lipply or red nails!
- A sporting challenge – it could be a run, a swim, or an exercise commitment in May
- Ride a push bike to a particular location
- The sky is the limit! Do you have something crazy you have always wanted to do?



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